

Environmental BINGO!

E	A	R	T	H
Use reusable ziptop bags or containers instead of ziploc baggies for 2 weeks	Try organic fertilizers and avoid using chemicals on your lawn for one month	Turn off the water between shampoo/soap and rinsing in the shower three times in a month	Close your blinds on the south and west sides of your home during the afternoons for two weeks	Read one article in the paper, Sierra Club, National Geographic, or Audobon Society for four weeks
Use a water-saving handle on your garden hose to control the flow of water rather than letting the water run freely	Talk to one person you know about climate change weekly for four weeks	Try low-waste options for laundry, dish, and hand soaps (such as strips or refillable containers)	Sit outside on your deck/lawn, in a park, or on the church lawn for at least ten minutes and focus on God's creation weekly for four weeks	Replace three commercial cleaners with natural cleaners to clean your home
Throw away your disposable contacts rather than flushing them down the toilet	Reuse or recycle 100% of your glass bottles and jars for four weeks	FREE SPACE 	Replace all of the light bulbs in your home with LED bulbs to save energy	Turn off the water when brushing your teeth for one month
Try using wool balls in your dryer instead of using fabric softener or dryer sheets	Make sure your sunscreens are "reef-safe" https://savethereef.org/about-reef-save-sunscreen.html	Try e-cloths, Norwex, or other similar fabrics to clean your home without chemicals	Bring reusable grocery bags for your groceries AND your produce for four weeks	Eat one less meal using beef per month
Shop for local produce at least three times in a month	Don't allow your car to idle if you are going to be stopped for more than 5 minutes	Try paper products (tissue, toilet paper, paper towels) made from 100% recycled paper	Wash all laundry with cold water for four weeks	Turn your thermostat up 5 degrees when you are not home in the summer for four weeks