

The Arrow of Time
Psalm 147:1-11, 20c
Mark 1:29-39
February 4, 2024

### Order of Worship 10 a.m.

## Gathering

Prelude: Windows - Chick Corea

Words of Welcome Rev. Dr. Jenny Shultz-Thomas

† Gathering Song, Hymn #503 (vs. 1, 4, 5): O Christ, the Healer

Call to Worship Rev. Sarah Rentzel Jones

One: How wonderful it is to sing our praises to God! Many: Praise the Lord who gathers us together. One: God's mercy is given generously to all in need. Many: We are never out of the reach of God's love.

One: Come, worship and celebrate. God is reaching out to you this

day!

Many: Praise be to God who continually heals and forgives us.

Amen.

Pass the Peace

One: The Peace of God be With You

Many: And also with you.

(Please stand and share God's peace with your neighbors.) † Hymn of Response (vs. 1): All Are Welcome

# Hearing The Word

Children's Church Rebecca Morello

First Lesson: Psalm 147:1-11, 20c Dave Lundblad

Second Lesson: Mark 1:29-39 Rev. Dr. Jenny Shultz-Thomas

Message: The Arrow of Time

## Responding to The Word

Pastoral Prayer and Lord's Prayer

Choral Refection: Let Your Light Shine - Craig Courtney

A Time for Community Rev. Sarah Rentzel Jones

Sharing Our Gifts

Prayer of Dedication: God, who binds up the brokenhearted and heals the wounded, we come to you with gratitude for your abiding presence and generous care for us. With thanksgiving we offer back to you the blessings of our lives, and ask that you would doubly bless those in need. Bind up the brokenhearted, heal the wounded and comfort the afflicted. In Christ's name, Amen.

Musical Reflection: Be a Light - Thomas Rhett

Communion

Invitation to the Table

One: The Lord be with you.

All: And also with you. One: Lift up your hearts. All: We lift them to God.

One: Let us give thanks to the Lord our God. All: It is right to give our thanks and praise.

Words of Remembrance

Please come forward to receive the bread and cup. We serve gluten free bread and serve nonalcoholic grape juice.. Raise your hand if you would like a deacon to bring the elements to you. Communion cups may be discarded in the basket as you leave the sanctuary.

Communion Music:

Hymn #393: One Bread, One Body - Musical Meditation: Let it Be - Lennon/McCartney Prayer of Thanksgiving:

We give thanks, gracious God, that you have refreshed us at your table by granting us the presence of Jesus Christ. Strengthen our faith, increase our love for one another, and send us forth into the world in courage and peace, rejoicing in the power of the Holy Spirit.

Amen.

## Sending

Hymn: O God of Light, May Our Light Shine

Countryside Blessing Charlotte Wadhams

Postlude: Day by Day - Stephen Schwartz

OUR WORSHIP HAS CONCLUDED. NOW OUR SERVICE BEGINS. † Indicates those places where those who are able are invited to stand.

C4 Choir - Jim Larrabee, director - Julia Olynyk, vocals - Matt Wallace, sax Rick Avard, piano - Alex Ritter, organ - Carlos Figueroa, drums - Steve Gomez, bass



### Joys and Concerns

Join us as we pray for our congregation members and their loved ones who are on our Joys and Concerns list every week on Thursdays at 9 a.m. in the Sanctuary. If you have someone who would benefit from prayer, want to share a joy or be included on the bulletin list and /or on Countryside's Prayer Chain, contact Rev. Sarah Rentzel Jones at 402-391-0350, ext. 225 or sarahri@countrysideucc.org

#### JOYS:

Please lift these joys with prayers of celebration and praise!

Leslie (David) Summers-Day's daughter, Anna, learned this week that no surgery will be needed to remove the pituitary tumor that was recently discovered. Instead, she will take medication to shrink the tumor over time. Continued prayers for her tolerance of the unpleasant side effects of the medicine.

#### **CONCERNS:**

Please join in praying for the following new and ongoing concerns:

Andrew (Stacey) Carnazzo's mother, Cheryl, was admitted to the hospital last week and remains a patient while doctors continue to treat her and work to help her regain strength. Please lift prayers for healing for her and support for her family.

Nancy (Earl) Cohen asks for prayers for a co-worker who has been diagnosed with breast cancer and is having surgery on Monday, Feb. 5.

Matt (Autumn) Cox's mother, Carmen, passed away suddenly on Tuesday, Jan. 30. He, Autumn, and their daughter Violet traveled to Kansas City to say goodbye, have been traveling back and forth to prepare for the funeral on Friday, Feb. 2. Please pray for them in their grief and for safe travels.

We continue to pray for Jodie Nichols, who had emergency surgery for a detached retina at the end of last week. She is healing and we pray for a full recovery.

**Johnna Roberts** had foot surgery on January 4 and asks for continued prayers for her healing. She also shares a joy; the cataract removal she had in November was a great success!

**Greg Atkinson** was admitted to Methodist Hospital Thursday morning with his 30<sup>th</sup> bowel obstruction, the result of adhesions and internal scars from abdominal surgery to save his life in Vietnam. Please pray for his healing and pain relief.

Please keep **Tom (Ann) Scates** in prayer. Tom fell twice last weekend while they were in Phoenix, and during the second fall injured his back. X-rays thankfully showed no bone damage, but he did injure his muscles. Tom also was recently diagnosed with COPD. Please pray for pain relief and guidance for the doctors who are managing his condition.

Annual Report, Proposed By-Law changes and Rationale are available online at countrysideucc.org/annualmeeting

A limited number of copies of Annual Reports and Proposed By-Law Changes are available today in the church office.

## Q&A Session Proposed Bylaw Amendments

Join us after services **11:15 in Marys' Hall** 

An insightful Q&A about crucial Bylaw Amendments. These changes are vital to our community's growth.

Your voice shapes our future—see you there!

### Sunday Flowers This Week

Flowers were given today by Deb and John McCollister wishing Dan McCollister and David Ledger a Happy Birthday.

The Countryside Community Church Annual Meeting! Sunday, February 11, 11:45 a.m. in the Sanctuary.

### Who We Are

We are an inclusive, open and affirming family of faith, welcoming all to God's table of love and acceptance.

We are diverse, yet united by Christ's example.

We care for one another, support one another and challenge one another to become all that God creates us to be.

We work together to nurture our community and to promote peace, equality and justice in our conflicted world.

Sharing Our Gifts

The Box recipient - Lydia House

Diapers. All sizes-sizes 4, 5 and 6 are most needed.
 The Basket - Donate

Support Countryside's ministries

Scan the QR code to access online giving for both the Box and Basket or visit countrysideucc.org/give

